

National - Introduction to Injury Prevention Course Agenda

December 8 – 11, 2015

Albuquerque, NM

DAY 1: "Injury Prevention Program Basics"		
Time	Topic	Presenter
8:00	Introduction • Welcome • Icebreaker • Course Goals/Objectives <i>General welcoming comments including the introduction of speakers/students, review of the course agenda, and a discussion of the student's expectations is conducted.</i>	TBD
9:15	Injuries as a Public Health Problem • Injury Types • Basic Injury Terminology • Injury Mortality Rates • Public Health Approach to Injury Prevention • Indian Health Service Injury Prevention Program Structure <i>Injuries are discussed as a public health problem affecting Native populations in epidemic proportions. The public health approach model is introduced and thoroughly reviewed.</i>	
10:30	Break	
10:45	Introduction to Injury Data • Uses • Types • Sources • Limitations <i>A basic introduction to injury data is provided including the use of data to describe injury trends and patterns. Emphasis is placed on the practical application of injury data.</i>	
11:45	Lunch	
1:00	Introduction to Case Studies • Cases • The "Big Picture" • Final Activity <i>Case studies are used throughout the course to allow practical application of the basic principles learned in the course lectures.</i>	
1:15	Case Study Exercise #1 • Problem Identification	
2:30	Break	
2:45	Case Study Exercise #1 (Debriefing)	
3:00	Choosing to Live: a discussion of highway safety and drinking and driving from the perspective of a medical examiner.	
4:45	Adjourn	

DAY 2: "Injury Prevention Program Building Blocks"		
Time	Topic	Presenter
8:00	Marketing • Purpose • Definitions • Marketing Plan Components • Techniques <i>Injury prevention programs and interventions require advocates with knowledge and skills. A framework for marketing an injury prevention program is provided.</i>	
8:45	Coalition and Collaborations • Preliminary Considerations • Coalition Membership • Group Dynamics • Maintaining the Coalition	

	<ul style="list-style-type: none"> • Coalition Challenges • Recognizing Success <p><i>Effective coalitions and collaborations require effort to begin, grow, and sustain. Methodologies for maintaining an effective coalition are discussed.</i></p>	
9:45	Break	
10:00	Intervention Theory <ul style="list-style-type: none"> • Public Health Principles <ul style="list-style-type: none"> -Epi Triangle -Passive & Active Approaches -Levels of Prevention -Effective Strategies • Conceptual Models <ul style="list-style-type: none"> -3 E's -Haddon's Matrix <p><i>Public health principles are described and utilized to develop intervention strategies. Two conceptual models for developing interventions are introduced.</i></p>	
12:15	Lunch	
1:15	Case Study #2 <ul style="list-style-type: none"> • Intervention Development (3 E's) 	
2:00	Case Study #2 <ul style="list-style-type: none"> • Debriefing 	
2:15	Break	
2:30	Planning Your Intervention Part I – Intervention Selection and Design <ul style="list-style-type: none"> • Prioritizing interventions • Decision Matrix <p><i>An important skill for injury prevention advocates to have is the ability to design an injury prevention plan. The purpose and components of an injury prevention plan are discussed.</i></p>	
3:00	Planning Your Intervention Part II – Action Planning <ul style="list-style-type: none"> • Goals and Objectives • Action Plans • SMART Method <p><i>Three different action planning methods are discussed and demonstrated.</i></p>	
3:45	Case Study #3 <ul style="list-style-type: none"> • Action Planning 	
4:45	Case Study #3 <ul style="list-style-type: none"> • Debriefing 	
5:00	Adjourn	

DAY 3: “Am I making a difference?”		
Time	Topic	Presenter
8:00	Introduction to Evaluation <ul style="list-style-type: none"> • Purpose of Evaluation • Types of Evaluation • Planning Steps • Evaluation Design <p><i>Formative, process, impact, and outcome evaluations are described. Five important evaluation steps are also discussed.</i></p>	
9:00	Case Study Exercise #4 <ul style="list-style-type: none"> • Planning for Evaluation 	
10:00	Case Study Exercise #4 <ul style="list-style-type: none"> • Debriefing 	
10:15	Case Study Exercise #5 <ul style="list-style-type: none"> • Observation Surveys 	
11:15	Case Study Exercise #5 <ul style="list-style-type: none"> • Debriefing 	
11:30	Lunch	
1:00	Injury Prevention Resources <p><i>Injury prevention resources on the topics of injury data, education, training, funding, and technical experts are reviewed.</i></p>	
1:30	Case Study #6 <ul style="list-style-type: none"> • Planning the Presentation 	
4:30	Adjourn	

DAY 4: “Applying the Basics Principles”		
Time	Topic	Presenter
8:00	Final Preparations for Presentations	
9:00	Case Study Presentations <p><i>Each case study group presents an overview of their community and it's injury problems. In addition, an injury prevention plan to address these issues is presented to a “mock” Tribal Council. The case study group will then attempt to receive approval from the Tribal Council for their proposed plan.</i></p>	
11:30	Case Study Exercise #6 <ul style="list-style-type: none"> • Debriefing 	
11:45	Wrap up and Evaluation <p><i>Please complete your course evaluation. It provides important information that will serve to improve the course.</i></p>	
12:00	Adjourn	